

# Rocklin Unified School District

Health Services

[www.rocklinusd.org/health](http://www.rocklinusd.org/health)



## Transitional Kinder & Kindergarten Health Checklist

Welcome to Rocklin Unified School District! There are several items in the registration packet that we will need from you in order for your child to start school.

- Health History**- Please take the time to completely fill out the health history when completing the online registration. The health services staff needs to know if there are any medical conditions that may impact your child's ability to learn and be safe at school.
  
- Medication Administration Forms** - If your child needs to take any medications at school, prescription or **over-the-counter**, a physician's order must accompany the medication. You may obtain a medication form from your child's school or on our website at [www.rocklinusd.org/health](http://www.rocklinusd.org/health)
  
- Physical Examination** - Rocklin Unified School District recommends that each kindergartner have a physical examination prior to starting school. *State law requires that, within 90 calendar days of entrance into the **first grade**, the child's parent/guardian must provide a certificate documenting that the child has received a health checkup within the previous 18 months.*
  
- Oral Health Assessment** - State law requires an Oral Health assessment from your child's dentist. This assessment is due by **May 31** of the kindergarten year. Your child may be excused from this requirement (*see details on the enclosed Oral Health Assessment Form*).
  
- Immunization Records** - Your child will need proof of the following immunizations in order to register and start kindergarten. If your child is in the process of completing some immunizations, then he/she will be conditionally placed in a class until documentation can be provided. For more information on immunizations please visit [www.shotsforschool.org](http://www.shotsforschool.org)
  - **Diphtheria, Tetanus, and Pertussis (DTaP, DTP, or DT)** — 5 doses (4 doses OK if one was given on or after 4th birthday)
  - **Polio (OPV or IPV)** — 4 doses (3 doses OK if one was given on or after 4th birthday)
  - **Hepatitis B** — 3 doses
  - **Measles, Mumps, and Rubella (MMR)** — 2 doses (Both given on or after 1st birthday)
  - **Varicella (Chickenpox)** — 2 doses

If you have any questions, or would like to discuss any health issues regarding your child, please feel free to contact the Health Office at your child's school. You can look this information up at:

[www.rocklinusd.org/health](http://www.rocklinusd.org/health)